



**DANES CAMP**  
TEL: 01604 837200

**LINGS FORUM**  
TEL: 01604 837300

**MOUNTS BATHS**  
TEL: 01604 837400

# MEMBERSHIP MENU

## ► **Payment:**

Trilogy gym has no joining fee or membership fee. For a one off payment of £25 (£10 concession) we will activate your membership and provide you with a comprehensive induction and personal fitness programme. You pay no annual fees and there is no annual commitment. If you choose to pay by the monthly easy payment method you can cancel at any time, with only thirty days notice required. You will be charged a pro-rata rate until your first payment. This could be up to a maximum of 6 weeks. Trilogy gyms offer you the choice of pay as you visit, pay by monthly Direct Debit, or pay quarterly or annually.

## ► **Supergold Membership: Single £33.00 / Partner £51.00**

This monthly Direct Debit is the ultimate Trilogy membership package! The use of three separate gyms, three different Spin Cycle packages, three different timetables of Fitness classes, two main pools, a Leisure Pool and a Health Suite. You have unlimited access to gyms, classes, swimming and health suite across Mounts Baths, Lings Forum and Danes Camp Leisure Centres.

## ► **Super Silver Membership: Single £28.00 / Partner £43.50**

This membership package offers you the same deal as the Supergold but at limited times. You can take advantage of activities across all three centres at off peak times. 7.30am - 4pm Monday to Friday and all day Saturday & Sunday. This gives you the opportunity to use the gym, pools, classes and health suite during those quieter times. If you wish to use the facility outside of peak times you can pay the casual rate.

## ► **Gold Membership: Single £25.00 / Partner £41.50**

Gold membership offers you unlimited gym use across all three leisure centres.

## ► **Silver Membership: Single £21.00 / Partner £36.00**

All the benefits of the Gold membership at off peak times. 7.30am - 4pm Monday to Friday and all day Saturday & Sunday.

## ► **Casual Use: £4.35 Peak / £3.30 Off Peak**

Once an induction is completed if a membership package is not for you then casual pay as you go method is available across all three leisure centres. No commitment just choose when you wish to work out and come along. The £20 induction has no life span and does not run out, so effectively you are a casual member for life!

▶ **Children's Membership:**

Trilogy has no exclusive membership for children less than 14 years old. For £7.00 all Direct Debit memberships can be upgraded to add a child for swimming only. On off peak memberships children can only use the pool during off peak times.

▶ **Quarterly & Annual:**

Memberships are available for SuperGold and Gold see below for price.

▶ **Bookings:**

All bookings are made at reception and 24 hours notice is required for cancellations.

▶ **Corporate Membership:**

Please ask for more details at reception.



# PRICE GUIDE

## FITNESS SUITE

▶ <b>INDUCTION</b>	£25.00	▶ <b>QUARTERLY GOLD</b>	£84.50
<b>Concession</b>	£10.00	▶ <b>ANNUAL GOLD</b>	
		Single	£275.00
▶ <b>GYM Peak</b>	£4.35	Partner	£456.50
▶ <b>GYM Off Peak*</b>	£3.30		
▶ <b>GYM Concession Peak</b>	£3.30	▶ <b>ANNUAL SUPERGOLD</b>	
<b>Concession Off Peak*</b>	£2.75	Single	£363.00
		Partner	£561.00

\* Concession Categories: over 60's, under 16's, job seekers, people with disabilities, students, other concessions (please ask)

\* Off-peak prices apply between 7.30am - 4.00pm Monday to Friday and all day Saturday and Sunday

## LOCKERS

A 20 pence charge plus £1.00 returnable deposit is required for lockers.  
(The 20 pence charge is not applicable to Direct Debit members)

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## DIRECT DEBIT - Per Month

▶ <b>ADD 1 CHILD (Swim Only)</b>	£7.00		
▶ <b>SINGLE SILVER</b>	£21.00	▶ <b>SINGLE GOLD</b>	£25.00
▶ <b>COUPLE/PARTNER SILVER</b>	£36.00	▶ <b>COUPLE/PARTNER GOLD</b>	£41.50
▶ <b>SINGLE SUPER SILVER</b>	£28.00	▶ <b>SINGLE SUPERGOLD</b>	£33.00
▶ <b>COUPLE/PARTNER SUPER SILVER</b>	£43.50	▶ <b>COUPLE/PARTNER SUPERGOLD</b>	£51.00